



NAWGFest 2017

1st — 3rd September

The University of Warwick

NAWGFest 2017

This brochure gives the latest exciting details of NAWGFest2017, as we go to press, from the Chairman of the National Association of Writers' Groups (NAWG).

The workshops are all in place, some of the fun-times still to be arranged. This is our seventh writing festival, set in the Midlands, with a central location accessible to many writers, countrywide – and our twenty-second festival over all.

Each year we choose tutors and speakers to make your stay with us memorable. We have retained serious learning workshops but you will have fun as well, relaxing with like-minded writers. The Grand Raffle and the After-Dinner Sparkles have become part of our tradition, and you can attend open-to-all talks, compose a one-hundred-word story for the mini-tale competition (there is an entry form in the centre of this brochure) and linger in our Marketplace – as last year, there will be time set aside for you to browse so you can take advantage of the many items offered.

Following registration and locating your accommodation on Friday afternoon, you will have time to relax after your journey. The committee will welcome you, with tea/coffee and cream scones, (4.30pm – 5.50pm) in the Fusion area of Bar Fusion; first-floor of the Rootes building.

You will stay on the same floor for your evening meal: a choice of various dishes prepared by top chefs. Later, you may relax again in Bar Fusion, meet new writing friends and renew old acquaintances. Entertainment is being arranged but details of where, when and what are still to be confirmed.

There are twenty-four workshops to choose from, all of which will add to and compliment your writing skills; fun sessions; the open-to-all events and much, much more, culminating in our Gala Dinner and Awards Ceremony on Saturday evening, during which the winners of the 2017 NAWG competitions will be announced. A celebrity writer will be entertaining us with an after-dinner talk.

For those of you who are just coming for the Gala Dinner and Awards ceremony, B&B is available, but why not take up the offer of a short weekend? Full board from Saturday afternoon through to Sunday afternoon, with two workshop spots, for **£185**, only **£175** for NAWG members. Full details are on the booking form.

You also have the option of staying on Sunday night, giving you the opportunity to wind down and explore the area on Monday morning, or, for an extra **£110**, continue with full board until Monday afternoon.



The price for three days of inspiration is **£355** for non-members and **£325** for NAWG members. There should be a booking form in the centre of this brochure but, if someone else has already detached it, please download and print from the website, www.nawg.co.uk, or contact us by email: chairman@nawg.co.uk or booking-festival@nawg.co.uk

This full programme of workshops should suit all tastes. Last year, some filled up very quickly, so if you want to be sure of your first choice, **please book early, and take advantage of the £100 deposit option**. A deposit of £100 will secure your place, with the final payment of £255/£225 due before 28th July 2017.

Cheques should be made payable to NAWG and accompanied by a fully filled-in **booking form**, please. We have set-up a PayPal account on the website, www.nawg.co.uk, to help make payment easier, or you may make a BACS payment straight into our bank account – Sort code: 60-22-52, Account no: 80275877, Ref: *Festival(your name)*. But we still need a fully filled-in and signed booking form, sent either by post or electronically.

Please come and join us; we are a friendly bunch and I will be there with committee members and volunteers on hand throughout the weekend to help you find your way. So don't be shy. Come, learn, talk to like-minded people and make some firm writing friends. I look forward to meeting you during the weekend.

Pam Fish, Chairman



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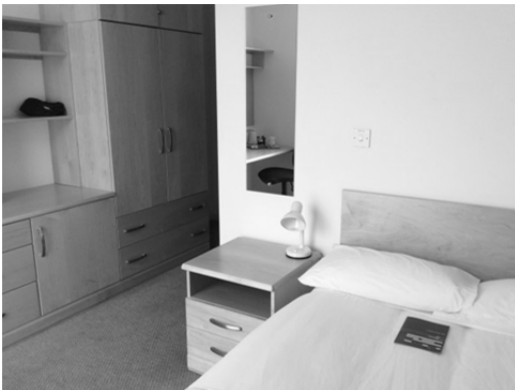
www.electricreads.com



Conference Park – University of Warwick

Set within 700 acres of rural parkland, the University of Warwick Conference Park offers a wide range of facilities. Delegates will be able to enjoy a variety of bars, cafés and restaurants, as well as the free use of the fitness centre and indoor swimming pool.

Located in the heart of the Warwickshire countryside, yet just 10 miles from the Midlands motorway network, less than 4 miles from Coventry railway station and 11 miles from Birmingham International airport; the Conference Park is easily accessible and has car-parking on site.



Conference Park bedrooms are single bedded, en suite and are equipped with a spacious desk area, hairdryer, tea & coffee facilities, toiletries, towels and Wi-Fi internet access. They are close to the Rootes building and the Humanities buildings where daytime events will be held on Saturday and Sunday.

The pictures show a bedroom, the exterior of the one of the Bluebell residential buildings and the Japanese Garden, which gives us an open space down the centre of the Humanities building. All workshops and day-time talks are in Humanities this year.



A detail from this picture, taken by committee member Anne Steward, is used on the front cover of this brochure, designed by committee member Kevin Machin.





Afternoon tea on Friday will be served in Bar Fusion in Rootes building, just a flight of stairs (or a lift journey) up from conference reception.

Self-service full-English breakfasts and Friday evening's two-course evening meal will be in the Rootes restaurant, and buffet lunches will be served in the Humanities building.

Workshops will be in the Humanities building. Morning and afternoon tea, coffee, fruit and biscuits will be served immediately after each of

the workshop sessions, in the same area as lunch in Humanities.

And don't forget your swimsuit for a before-breakfast swim. Use of all sports facilities, which include a pool and an up-to-the minute fitness suite, is free to delegates.



You will need to take a towel from your bedroom. If necessary, an additional towel can be requested from conference reception.

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on the Wold, Cheltenham, Glos.
GL54 1DX.**

Conference Reception

Conference registration will take place in conference reception, located in the atrium of the Warwick Students' Union (next to the Rootes Building on main campus, opposite the Arts Centre). The University reception team are available to answer your questions about site and accommodation between 7.00am and 11.00pm.

Here you can also:

- Get general information.
- Arrange for secure luggage storage.
- Ask about any lost property.
- Request additional bedroom supplies such as pillows, blankets or a clock radio.

Bedroom check in/out

- Bedroom keys will be available from 3.00pm to 11.00pm at conference reception. If you plan to arrive after 11.00pm please contact us to arrange late key collection.
- Rooms need to be vacated by 9.30am on your day of departure.

To use Wi-Fi; connect your device to “Warwick Guest”, and follow instructions.

Your Journey to the University of Warwick

The full address is: Warwick Conferences
Rootes Building
University of Warwick
Gibbet Hill Road
Coventry
CV4 7AL

Tel: 024 7657 4323 § Fax: 024 7657 2661 § W: www.warwickconferences.com

The University is easily accessible by road, via all major routes.

Important postcode information:

- CV4 7AL directs you to Gibbet Hill Road, the main road which runs through the University. The main campus (the Conference Park) is signposted from this road.

Car Parking

Car parking is available for conference delegates in any of the Central Campus non barriered car parks. Before your visit we will send you the link to the University of Warwick car parking permit website, where you will register, download and print your permit to be displayed in your vehicle. Or, you may use this link:

<https://carparking.warwick.ac.uk/events/national-association-of-writing-groups>

Disabled parking spaces are available within all car parks and close to some accommodation areas, please inform us if you require a disabled car parking space (for blue badge holders only).

AUTHORS' FOUNDATION GRANTS AND K BLUNDELL TRUST AWARDS

The Authors' Foundation gives grants to authors whose project is for a British publisher.

The K Blundell Trust gives grants to British authors under the age of 40 whose project is for a British publisher. The project must aim to increase social awareness, and may be fiction or non-fiction.

**ANNUAL CLOSING DATES:
30 APRIL & 30 SEPTEMBER**

Full guidelines available from
[www.societyofauthors.org /authors-foundation](http://www.societyofauthors.org/authors-foundation)



By Train, Bus and Taxi

- The nearest mainline rail station is Coventry, which is only four miles from the University.
- A taxi from the station to the University campus costs approximately £11. For return journeys, taxis are available on Health Centre Road, opposite Warwick Arts Centre, at most times of the day.
- Trinity Taxis can be reached on: 02476 999999.
- The numbers 11 & 12 buses run from Coventry bus station, via the train station, to the University.

Shops, Banks, Cafés and Bars on campus

The campus has many facilities available to all delegates. There are branches of Barclays and Santander banks, with cash machines; a large supermarket; a pharmacy; bookshop and several cafés.

Art Centre Cafe



NAWG Annual General Meeting

The 2017 NAWG AGM will take place at the University of Warwick,
on Sunday 3rd September 2017 at 11.30pm in
Room 52, (theatre) in the Humanities Building.

This meeting is an important event and all members are invited to attend. It should give you a better focus on what the Association is all about, and the advantages that it gives to all members.

We will keep the official business as short as possible to give time for an Open Forum, where everyone is invited to offer suggestions and ideas for taking the Association forward. This AGM must end at 12.15pm for the Grand Raffle and lunch.



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For the first time in a good few years, the committee has sufficient members for smooth running. We at last have a permanent Treasurer, but if you have any specific skills that you could offer us, please come forward, as there is always a need for a helping hand here and there. There is a waiting list for posts on the committee, but a few members have come forward to help us without giving regular committee time. The August 2017 Issue of Link Magazine will publish details of how to apply should you wish to offer your services.

Members of the Board of Trustees (the committee) currently meet three times a year. Travelling expenses are reimbursed and

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Continued from previous page.

accommodation provided if an overnight stay is necessary. NAWG funds have diminished at the same rate as our committee has grown so we have been trying to cut expenses by holding fewer meetings than the five or six a year we have had in the past.

Venues vary, but lately they have been in the Loughborough area. The present committee are nearly all able to arrive on the day of the meeting for a 10.00am start. (We have just three people who need an overnight stay.)

Pam Fish, Chairman



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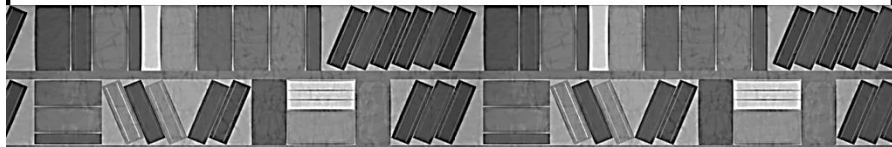
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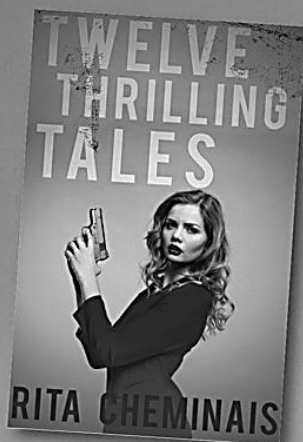
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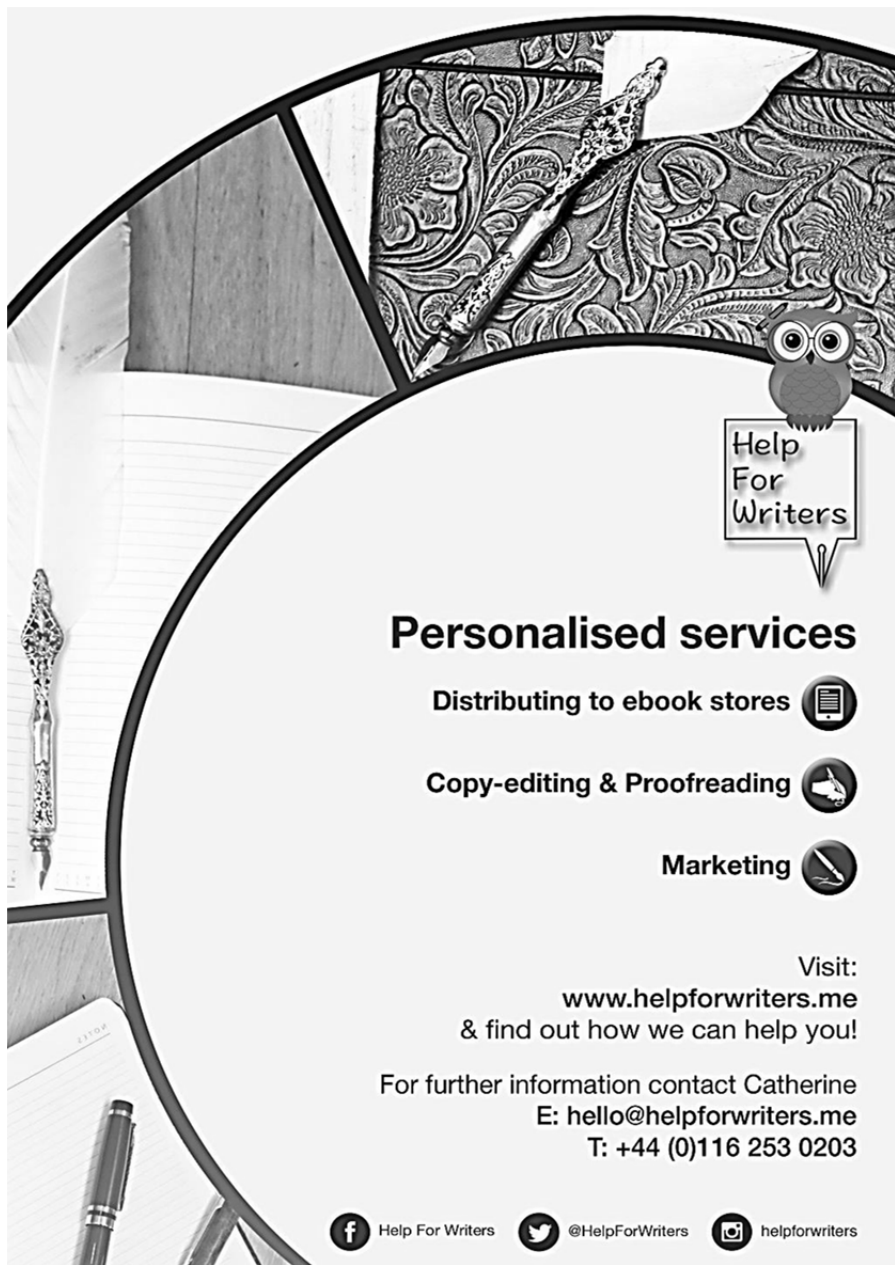
BY RITA CHEMINAIS

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Tutors/Speakers for 2017

Anita Loughrey

Tutor

Anita Loughrey was a primary school teacher for seventeen years. She decided to become a full-time writer after the birth of her third child. She now has over 80 books published in the UK and many more worldwide. She writes teacher resources, educational fiction and non-fiction on a wide variety of subjects for a wide range of publishers.



Anita also has two monthly columns in the national writing magazine Writers' Forum, one on 'Writing for Children' and another about 'Research Secrets'. She is also a consultant for a variety of educational publishers helping them to match resources to the current national curriculum.

Anita's favourite toy as a child was the typewriter she wrote her autobiography with at the age of ten. As nothing exciting ever happened, she made most of it up. Her interests include writing, reading children's books, knitting, dancing and camping with her family in their VW campervan. She reckons there is nothing better than sleeping under the stars and cooking in the great outdoors, as long as it isn't raining. You can find out more about Anita Loughrey on her website:

www.anitaloughrey.com

Stephen Booth

Tutor

Best-selling crime novelist Stephen Booth is a former newspaper journalist and the author of 17 novels featuring Derbyshire police detectives Ben Cooper and Diane Fry. He has been shortlisted for CWA Dagger awards in the UK four times and is a Dagger in the Library winner. In the USA, Stephen has twice won the award for Best British Crime Novel of the Year. His books are translated into 16 languages, and are currently in development for a TV series. Stephen also leads crime writing courses for Writing School East Midlands. His latest novels are 'Secrets of Death' and

'Dead in the Dark'.

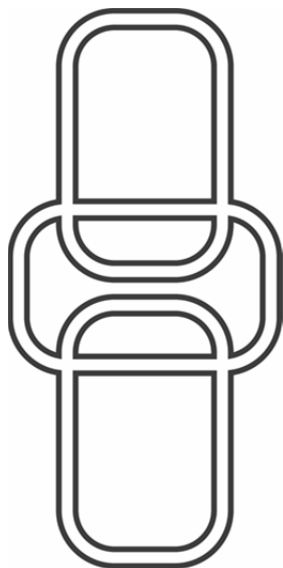


These four centre pages may be pulled out to give a Mini-Tale entry form and a Festival Booking Form

NAWGFest2017

Mini-Tale Competition

The Mini-Tale Competition is open to everyone who attends the Warwick Festival of Writing. As an attendee you are invited to write a 100-word mini-tale.



Please note: A Mini-Tale should have ***exactly*** 100 words, not counting the title. Please count words carefully. Many tales are rejected for incorrect word count.

It should be submitted at the Festival before 3.00pm on the Saturday afternoon. A box to receive entries will be available on the NAWG reception desk, in the Humanities Building.

Please choose a pseudonym for your entry (so that entries are judged anonymously). Pseudonyms of the four finalists will be announced during the Awards Ceremony and they will be asked to reveal themselves. An award will then be made to the winner.

Note: This competition is available only to those attending the Warwick Festival of Writing. Why not write it on your journey or before you arrive at the University for the Festival?

Please don't send this Mini-Tale competition form with your festival booking form.

The National Association of Writers' Groups

NAWGFest 2017

University of Warwick, 1–4 September 2017

Booking Form

*Please complete one form per person
and ensure that it is received by 17 August 2017*



MAKING YOUR BOOKING

Send your form by email to booking-festival@nawg.co.uk or by post to Catherine Fitzsimons, NAWG Festival Bookings, 106 Melbourne Road, Coventry CV5 6JH
Any questions? Please contact Catherine on booking-festival@nawg.co.uk or 0794 004 9188 (leaving a message, including your number, if necessary).

YOUR DETAILS

Name	
Address	
Tel or/& Mob	
email	
NAWG members, please give the name of your writing group or write 'Individual' if you are an individual member	

YOUR ATTENDANCE

 Please see table on back page for what is included in each package

Main festival package	
Short festival package	
Extended festival package	

For any of the above, please indicate

Residential		Non-residential	
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Saturday day	
Sunday day	

For options in this column, please indicate

With workshops		Without workshops	
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Friday evening	
Gala dinner only	
Additional B & B	
(please state which night/s)	

Additional workshop/s	
Sunday dinner	

YOUR WORKSHOPS

Please write the name of first, second and third choice tutor for each session in the grid overleaf.

Every effort will be made to allocate you your first choice but please give alternative codes in case the session is already full. Total numbers are limited, and places in any one session will be restricted to keep groups to a workable size, so early booking is advisable. In the event of unforeseen circumstances, NAWG reserve the right to change workshops.

WORKSHOPS	First Choice	Second Choice	Third Choice
Saturday morning			
Saturday afternoon			
Sunday morning			
Sunday afternoon			

YOUR GALA DINNER

Please indicate your choice for each course below

Starter	Main	Dessert
Carrot and coriander soup (V) <i>A smooth blend of carrot puree flavoured with ground and fresh coriander, served with crispy croutons</i>	Vegetable and fruit bobotie (V) <i>Diced vegetables, toasted almonds and dried fruits cooked with spiced egg and cream served on turmeric rice</i>	Seasonal berry terrine (V) <i>Pressed sweetened seasonal berries set with elderflower jelly, fresh mint, clotted cream and berry sauce</i>
Chickpea terrine (V) <i>A smooth blend of chickpeas and tahini studded with crunchy hazelnuts and zesty lemon</i>	Moroccan-style lamb <i>Slow cooked shoulder of lamb flavoured with Moroccan spices with a warm salad of potato and green beans, steamed couscous spiked with tangy pickled lemon</i>	Dark chocolate tart, tangerine ice (V) <i>Rich dark chocolate filled pastry case with refreshing tangerine orange sorbet</i>
Chicken Caesar salad <i>Strips of smoky seasoned chicken on crisp salad, classic Caesar dressing, parmesan shavings</i>	Salmon filo parcel <i>A light baked wafer pastry parcel of salmon, roasted red pepper, spinach and green herbs, white wine butter sauce</i>	Cheese platter (V) <i>A selection of three prime cheeses with crisp celery, homemade piccalilli and confit fruit bread</i>
Would you like to sit with your writing group?		
Would you like to sit with specific individuals? If so, please give name(s) here – but make sure you have checked with them first.		

YOUR SPECIAL REQUIREMENTS

Have you any dietary requirements ?	Vegetarian		Vegan		Diabetic		Other	
	Please give other details if required.							

Have you any particular accommodation requirements (e.g. downstairs room, adapted room, room next to a particular person)? If so, please give details.	
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If you require a **disabled car-parking space** please give:

Car make & model		Blue badge issuer
Registration number		

YOUR PAYMENT

Did you pay an early deposit of £20? If so, tick here – and deduct £40 from your total if you have booked a full or extended package (or £20 otherwise)

The total cost of my NAWGFest 2017 is £ _____

- I am paying a deposit of £100 now (option available until 1/6/17 – balance due by 28/7/17)
- I am paying the full amount now

Please indicate how you have made your payment

- I am sending a cheque made payable to NAWG to the Booking secretary
- I have made a payment using PayPal through the NAWG website
- I have made a BACS transfer to NatWest branch 60-22-52 account 80275877

Date paid		Reference used (e.g. FESTIVALYOURNAME)	
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You are strongly advised to consider personal holiday insurance to cover any unforeseen circumstances.

Cancellations received before 1 June 2017 will receive a full refund.

After 1 June 2017 and before 15 August 2017 refunds will carry a £30 administration fee and be calculated according to our contractual agreement with the University of Warwick.

After 15 August 2017 no refunds will be given, even with a medical certificate. These conditions reflect the amounts we are contracted to pay the University of Warwick at these times.

Attendance options		Non-members		Members	
			Without workshops		Without workshops
Main festival package Arrive Friday after 3pm, leave Sunday 3pm Includes 4 workshops and all meals including Gala dinner	Residential	£355.00	£275.00	£325.00	£260.00
	Non-residential	£290.00	£230.00	£270.00	£215.00
Short festival package Arrive Saturday after lunch, leave Sunday 3pm Includes 2 workshops and all meals including Gala dinner	Residential	£185.00	£155.00	£175.00	£145.00
	Non-residential	£155.00	£120.00	£145.00	£110.00
Extended festival package Arrive Friday after 3pm, leave Monday 3pm Includes 4 workshops and all meals including Gala dinner	Residential	£465.00	£385.00	£435.00	£370.00
	Non-residential	£355.00	£290.00	£335.00	£275.00
Gala dinner only		£50.00		£45.00	
Bed and breakfast For Saturday after Gala dinner, or to stay an additional night		£55.00		£52.00	
Saturday or Sunday, day only Arrive 9am, leave 5pm Includes 2 workshops, lunch and refreshments		£110.00	£90.00	£100.00	£80.00
	Friday evening - Includes Welcome reception and dinner	£35.00		£30.00	
Additional workshop		£35.00		£30.00	
Sunday dinner (for those staying Sunday evening but not on extended package)		£20.00		£20.00	

Don't forget to put your Mini- Tale in the box on
the NAWG reception desk at the festival,
Before 3.00pm on Saturday

Cressida Downing

Tutor



Cressida Downing, The Book Analyst, has worked in publishing and bookselling for over 20 years. As a freelance editorial consultant, she works for literary agents, publishers and directly for authors.

She is a regular guest blogger at the Writers' & Artists' Yearbook – www.writersandartists.co.uk

She would buy books rather than clothes or food, and lives in East Anglia with two children, two kittens, and one husband.

www.thebookanalyst.co.uk

Tim Wilson

Tutor

Tim Wilson studied on the University of East Anglia Creative Writing MA under Malcolm Bradbury and Angela Carter. He has had thirty novels professionally published and translated into eleven languages. His Robert Fairfax historical mystery series, written under the pen-name Hannah March, was twice shortlisted for the CWA Historical Dagger, and has recently been re-released in e-book by Headline. His historical novels written under the pen-name Jude Morgan have received praise from Hilary Mantel, Tracy Chevalier and Joanna Trollope. *The Taste of Sorrow* was shortlisted for the Portico Prize 2010. He has taught Creative Writing at City College Peterborough for 17 years. He has recently written on Shakespeare for the New York Times and the Huffington Post.



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Alison Chisholm

Tutor



Alison Chisholm writes poetry columns for *Writing Magazine*, and has written instructional, humorous and autobiographical articles for magazines and radio.

Author of eleven collections of poetry, a poetry correspondence course and a range of writers' textbooks, she has taught creative writing for 30 years, gives talks, readings and workshops, and works as an adjudicator and poetry consultant.

Perfect the Word – Lesley Jones, Copyeditor

I am an experienced line, copy and developmental editor specialising in fiction – from science fiction/fantasy, crime, horror, thrillers, to romance and children's books. I work with major publishers including Pan Macmillan, Black Library, and Harper Collins. Most of my work, however, is with indie authors. Entrust the product of your creativity to me and I will perfect not just your words but also your punctuation and grammar, layout and style.

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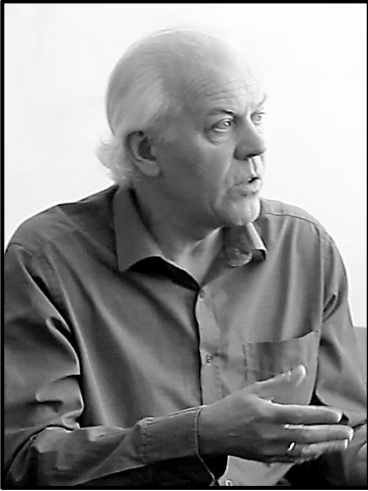


www.perfecttheword.co.uk email me: lesley.91@btinternet.com

Find me on Facebook and Twitter @misslesleyjones

Steve Bowkett

Tutor



Steve Bowkett qualified as a hypnotherapist in 1991 and has worked with many hundreds of people since then on a wide range of issues. He is a member of the Hypnotherapy Association

- <http://www.thehypnotherapyassociation.co.uk/> - and has run his Learn Self Hypnosis course for a number of years at places like the Writers' Holiday at Caerleon and the National Association of Writers' Groups' Festival of Writing (www.nawg.co.uk).

Steve's first book appeared in 1985. He writes fiction for children of all ages and also educational books on literacy, creativity, thinking skills and emotional resourcefulness.

To date he has had seventy-seven titles published plus numerous short stories and poems. He lives near Market Harborough with his wife Wendy and a menagerie of animals.

www.stevebowkett.co.uk.

with Fran Flint

Fran is a member of the Coventry Writers Hub, she has been writing mainly short stories since her school days, and enjoys the opportunity to "just be" with her fellow writers.

She has over 20 years' experience of working in the mental health field as a counsellor and mental health practitioner, and finds meditation, writing, walking and having a good old day dream (something she was always told off about at school!) a great way keeping mentally healthy.

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Workshops

Anita Loughrey

Saturday Morning:

Writing Children's Books Starting with Theme (Loughrey)

This workshop will give you the opportunity to explore writing a picture book looking in depth at picture book structure, layout and theme as a basis to writing your own picture book. The aim is to plot and start writing a new picture book idea by the end of the workshop to take home and polish.

Saturday Afternoon:

Writing Children's Books Starting with Character (Loughrey)

The focus of this fun workshop is to create a children's book character and get to know them thoroughly by looking at dialogue and finding your character's voice through role play and games. The aim is to come away with a new idea for a children's story.

Sunday Morning:

Creating Conflict in Children's Books (Loughrey)

Conflict is a storyteller's best friend. The stronger the problem, the stronger the story. This workshop will suggest ways of developing conflict in your children's stories using real life case studies as a way to develop your plots.

Sunday Afternoon:

Creating Emotion in Children's Books (Loughrey)

This workshop will give you an opportunity to write a wide variety of emotional scenes by exploring your own senses. Play with all five senses to keep your readers involved, maybe off balance, but always interested in what is coming next.

Stephen Booth

Saturday Morning:

Let's start at the beginning (Booth)

This workshop looks at creating a gripping opening for a crime novel. How do we grab a reader's attention and draw them into the story? And what other purpose does the opening serve? When is it right to use a prologue?

Saturday Afternoon:

Don't tell them a thing!

(Booth)

What exactly does 'Show, Don't Tell' mean for your crime novel? This workshop considers the importance of point of view, how much information you should give away, and how to make full use of the reader's own imagination.

Sunday Morning:

Meanwhile, back at the station...

(Booth)

Looks at the types and sources of authentic background information, and how to make the best use of them. Just how much procedural or forensic detail should you use in a crime novel? And how important is it to get those details right?

Sunday Afternoon:

Where will it all end?

(Booth)

Readers and publishers all love a series. But how do you build characters and situations which have the potential to run and run? Do you need to plan story arc for your series? And exactly what is it that keeps readers coming back for more?

Cressida Downing

Saturday Morning:

Mistakes in Creative Writing

(Downing)

Common mistakes overcome in simple exercises covering Dialogue, Characters and Descriptions .

We all start by making very similar mistakes but it can be hard to spot them when it's your work, and even harder to know what to do about them! A very hands-on workshop with practical tips and exercises to improve everybody's writing.

Participants need:

No prior experience, no homework, just paper and pen

Saturday Afternoon:

Submission overview

(Downing)

How to submit your work to agents and publishers – all the top tips for when and how to get your writing considered in its very best light. Advice from someone who often sifts through the slush pile – what makes me keep reading?

Detailed handouts on submission techniques and a bonus guide on using apostrophes correctly!

Sunday Morning:

Synopsis masterclass

(Downing)

Bring your synopsis for an on-the-spot response to how well you've summed up your book, and thoughts on your plot. What a synopsis is and what it isn't. Why they are important.

Bring your synopsis and there will be detailed handouts.

Sunday Afternoon:

Working with an editor

(Downing)

Workshop on how to get the best out of using an editor at any stage of your writing. Presentation followed by a question and answer session.

Handout on different sorts of editing and a flow-chart on working out where your writing is and what editing you need.

Tim Wilson

Saturday Morning:

Writing Historical Fiction: Background and Structure

(Wilson)

How to integrate historical background authentically and without 'info-dumps', and create an effective story structure from historical material.

Saturday Afternoon

Writing Historical Fiction: Character and Language

(Wilson)

Looking at the special challenges of characterization in a historical setting, how to make people of the past come to life, and how to avoid 'gadzookery' in language.

Sunday Morning:

Make Your Short Story Stand Out

(Wilson)

With competitions galore for the aspiring short story writer, this workshop will show you how to make your story grabbing, individual and satisfying – and above all, what to avoid.

Sunday Afternoon:

Short Stories: Economy and Pace

(Wilson)

The most demanding of forms, the short story highlights the importance of what you leave out. This workshop will concentrate on cutting, sharpening, and cutting again.

Alison Chisholm

Saturday Morning:

Devise your own poetry form

(Chisholm)

The pattern in which your poem presents itself is as much a part of the artistry as the words you select. This workshop will look at the options available to you; and everyone will have the opportunity to demonstrate how combining these elements and setting the 'rules' can produce a dynamic new structure to give to the world.

Saturday Afternoon:

Underground poetry

(Chisholm)

Poets usually seek inspiration from their memories, the world around them, and the broadest reaches of their imagination. In this workshop we go digging, and explore the poetry sources beneath our feet. From mole to coal, from tube to tuber, we'll 'root' exciting new poems under the earth.

Sunday Morning:

Season's greetings

(Chisholm)

How to write original poems for Christmas. Set your pen jingling and create fresh, new poems to replace the round robin letter, present to your local radio station, perform at concerts or parties, and give the children in your life a fascinating Advent challenge to rival the best chocolate calendars.

Sunday Afternoon:

Your life in a poem

(Chisholm)

The techniques of pinpointing a period of your life, and writing a long poem or a poetry sequence to celebrate it. Whether you want to leave a record for your family's interest or the world's fascination, this workshop will show you how to go about the preparation, writing and self-publication of your story.

Steve Bowkett . . .

. . . with Fran Flint

Learn Self-Hypnosis to Develop Your Creativity

Steve and Fran are offering two sets of two workshops. To complete the course you must book either pair:

(Bowkett – 1) Saturday morning and afternoon

or (Bowkett – 2)-Sunday morning and afternoon

Each session will begin with a guided meditation; mindfulness based stress reduction, by Fran Flint; lasting 20-30 minutes.

Mindfulness is the basic human ability to be fully present, aware of where we are and what we're doing, and not overly reactive or overwhelmed by what's going on around us.

While mindfulness is something we all naturally possess, it's more readily available to us when we practice on a daily basis.

Whenever you bring awareness to what you're directly experiencing via your senses, or to your state of mind via your thoughts and emotions, you're being mindful. <http://www.mindful.org/meditation/mindfulness-getting-started/>

Mindfulness based stress reduction is a wonderful way to build self-awareness and resilience. It can also help you connect fully with the present, and so feel grounded and able to manage day to day life decisions and opportunities.

Fran will offer you meditations and tips to help you be fully present in this moment, relaxed and ready to work with Steve.

Hypnosis is a normal and natural state of mind very like daydreaming. In hypnosis your attention is turned inwards to some degree and the mind is settled. It's much easier in this state to notice the drift of your thoughts. These can be consciously constructed or you can as it were 'just sit and watch' images arising spontaneously from the subconscious part of the mind, where the roots of our creativity lie. The skill of self-hypnosis can be quickly and easily learned. Being in hypnosis is in itself profoundly relaxing (though it is not sleep!) and you return to normal everyday consciousness feeling refreshed. More importantly, the state of hypnosis allows access to the subconscious and our amazing resources of memory and imagination.

The course will include:

- An overview of how creativity can be developed when the conscious and subconscious parts of the mind work together.
- An explanation of what hypnosis is, how it can be used therapeutically (i.e. a brief discussion of hypnotherapy) and how learning the skill of self-hypnosis can benefit writers.
- Sessions where hypnosis is used with a particular emphasis on writing - visualisations, imagined conversations with your fictional characters, putting yourself into locations that feature in your work, generating ideas for future projects etc.
- Steve can offer hypnotherapy to help resolve writing related issues such as writer's block. These sessions can be on a one-to-one basis if preferred or as a demonstration to the group.
- One-to-one sessions to discuss aspects of your writing are also available. *Note however that you can book either a one-to-one hypnosis session or a writing consultation (due to constraints of time). Bookings taken at the festival.*
- Each course member will receive a pack of handouts and also a self-hypnosis relaxation CD so that you can practise your newly learned skill after the course has finished.

This course is completed within two workshop sessions, two on Saturday or two on Sunday.

They will be identical – do not book all sessions.

Writing Contests & Courses Online:

- Short Story
- Short Memoir
- Flash Fiction
- Poetry

Also available: Editorial Services

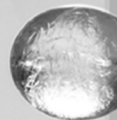
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Talks

- **Friday evening talk, 8.30pm(approx.) after the evening meal, Rootes Building, Chancellor's Suite.**
- **Saturday 1.45pm, in Humanities, Lecture Theatre R 52 Question and Answer session with Literary Agents.**
- **A Celebrity Author will give the Saturday evening, after the Gala Dinner talk in the Chancellors Suite.**

All still to be arranged, details will be posted on Twitter/Facebook.

The Market Place Book Stall

Published authors may leave their books to be sold in a dedicated area for book sales in the Humanities concourse. There is no commission on sales for NAWG members. Delegates who are not members may sell books with a 10% charge payable to NAWG on all sales. You will be able to take your books over on Friday afternoon if you wish. The building will be locked at night. If you require more security you may move your books to a locked room overnight, but this will be your responsibility.

Please note. Every copy of each book should have a piece of paper inside, stating clearly the name of the book, the author's name and the price. Books without this sheet of paper will not be accepted.

On Saturday morning from 11.30am there will be an opportunity to hear readings from NAWG members who are published authors. Should you wish to read from your book, you can register your interest at the NAWG table.

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After-Dinner Sparkles

(Your four minutes of fame)

Have you or your group thought of having your ‘Four Minutes of Fame’ on Saturday evening after the Gala Dinner, at the After-Dinner Sparkles?

Why not have a workshop with your writing group, before you come, to write a four-minute sketch that could be included in our impromptu concert?

Each year we try to make the After-Dinner Sparkles better organised, but it is largely up to you – the players – to let us know what you have planned to do. The Gala Dinner is timetabled to finish early, and we shall have helpers available to make this much-loved event run smoothly, so let’s try to make it special this year: a true celebration of our work. Seek out the list to register your contribution early in the weekend. It will be available on the NAWG table near the book stalls.

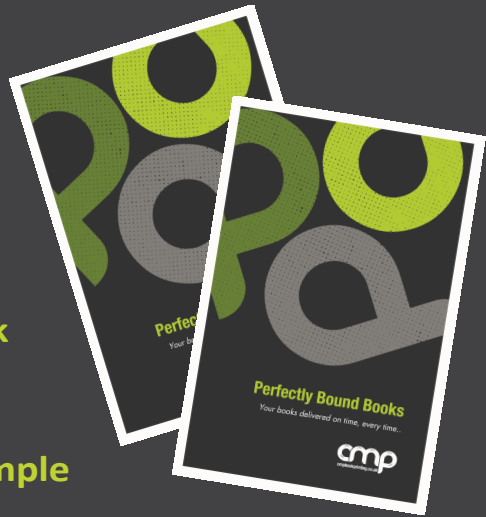
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I would like to thank them for the generosity of their sponsorship to NAWG. A great help to us with competition prizes and for our activities in general.

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